







# Food and Beverage Guide

This document aims to provide a general outline of foods and beverages that can be used for or as part of fundraisers. We've provided an outline of some events that certain foods work well for, but you're welcome to utilise whichever foods and beverages you find appropriate to your event!

The suggested food and beverage prices are only an estimation, not a guarantee, but should give a good indication on how much particular items would cost. Keep an eye out for value packs and items on sale, or see if anyone is willing to donate goods for your fundraisers.

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### **Snacks**

Used for events such as Board Games, Movie and Trivia nights

### Savoury

#### Chips

Chips (Kettle, Smiths, Red Rock Deli, Grain Waves, Doritos etc) 175g: \$4.00 (approx. 8 serves of 22g)

Variety Pack Box of 20: \$5.50 for 380g (20 serves, 27c per 19g serve)

#### **Biscuits**

Shapes (biscuits) 165g, \$2.50 - \$3.20 (approx. 8 serves, 30c per 20g serve) Variety Pack Box of 15: \$5.00 for 375g (15 serves, 33c per 25g serve)

### **Popcorn**

Riviana Popping Corn 400g: \$1.90 (approx. 8 serves, \$0.24 per serve)

Table salt 1kg: \$0.90

Butter 250g: \$2.80

Cobs Popcorn (ready-to-eat) 120g: \$3.00 (approx. 10 serves, 30c per 12g serve )

Cool Pak Popcorn Mix of 16: \$4 for 198g (16 serves, 25c per 12g serve)

### **Sweet**

### Lollies

Allen's Chew Mix: \$5 (approx. 27 serves, \$0.18 per serve)

Allen's Snakes Alive: \$3 for 200g (approx. 8 serves, 37c per serve of 2 snakes)

Natural Confectionary pack of 10 mini bags \$5 for 300 grams (10 serves, 50c per 30g serve)

Chupa Chups Mix of Minis 40 pack \$5 for 320g (20 2 item serves, 25c per 16g serve)

#### Chocolate

Freddo Sharepack of 12: \$5 for 144 grams (12 serves, 40c per 12g serve) M&M 12 piece share pack \$3 for 162 grams (12 serves, 25c per 13.5g serve)

### Serving

Ziplock bags: \$1.60 (50 bags)

Cellophane bags with ties: \$1 (25 bags)

Paper Bowls: \$1.50 (20 bags)

### **Barbecues**

Used for events such as Mothers/Fathers Day Breakfast and other Barbecue fundraisers

### Food

#### **Breakfast**

Bacon: \$10/kg for middle bacon (approx. 20, 50c per serve)

Eggs: \$3.70 for 12 eggs (30c per egg)

Hash Browns: \$2.95 for 1kg (15/pk) (\$0.19 per serve)

Pancake mix: \$1 for 300g (approx. 9 pancakes, 11c per pancake)

Waffles: \$2.50 for 275g (8 serves, 31c per waffle)

English muffins: \$2.10 for 400g (6 serves, 35c per muffin) Loaf of Bread: \$1.30 for 700g (26 slices, 5c per slice)

Tomato: \$0.76 each (38c per serve)

Mushrooms: \$4 for 200g (approx. 20 mushrooms, 20c per mushroom)

Sausages: \$5.50 for 600g (16 sausages, 35c per sausage) Brown Onions \$2.75 for 1kg (approx. 30 serves, 8c per serve)

#### **Condiments**

Tomato sauce: \$4/2L BBQ sauce: \$4/2L

Maple syrup: \$2.20/375g Whipped cream: \$4/250g

### **Estimated Cost Per Person**

### **Breakfast BBQ**

1 Egg: 60c

1 Piece of bacon: 50c 1 Slice of toast: 10c 1 Pancake: 22c ½ Tomato: 38c 1 Mushroom: 40c 1 Hash brown: 38c

Approximate Total: \$2.93/person

#### Mother's Day/Father's Day Breakfast

1 Pancake: 22c 1 Waffle: 31c

1 Sausage: 35c

1 English Muffin: 31c

1 Egg: 60c

1 Piece of Bacon: 50c 1 Hash Brown: 38c

Approximate Total: \$2.38/person

### Sausage Sizzle

3 Sausages: \$1.05 3 Slices of bread: 15c 3 30g Serves of Onion: 24c

Approximate Total: \$1.44/person

### **Potential Extras**

### **For Cooking**

Bar-b-tongs and spatula: \$10 each Cooking spray: \$1.85 for 400g

#### Serving

Napkins: \$0.95 for 100 pack Paper Plates: \$320 for 50 pack

### Cleaning

Disposable gloves: \$16/pk 100 (Coles)

Paper towel: \$5 for 2pk (Coles)

#### Setup

Renting/buying a gazebo/marquee: INSTAHUT from Dick Smith: \$54.81 to buy. If you're renting

the price can range depending on quality and size; normal price range is \$75 - \$135

Gas: \$26.95 for 8.5kg from Bunnings

Tickets: \$5.25 (4pk of 100 tickets/per pk)

### **Baked and Homemade Goods**

Used with Snacks or for events such as Bake Sale and High Tea

While we've given an indication of potential recipes and their vague costs we encourage you to use your own recipes or experiment with other varieties. There is also the option to use packet mixes if you are wanting to save money and time.

Underlined words are hyperlinked to suggested recipes, while items recommended for a *High Tea* are marked with a mug ( ).

### **Cakes and Cupcakes**

**<u>Butterfly Cupcakes</u>** \* approx. \$3 for a batch of 12 cupcakes (25c per cupcake)

**Vegan Oreo Cupcakes** approx. \$7.50 for a batch of 12 cupcakes (63c per serve)

**Orange Poppy Seed Cupcakes** approx. \$9.30 for a batch of 12 cupcakes (77c per serve)

Vanilla Cupcakes approx. \$4 for 24 cupcakes (17c per serve)

**Chocolate Mud Cake** approx. \$9.20 for 8 servings (\$1.15 per serve)

<u>Carrot Cake</u> approx. \$9 for 10 servings (90c per serving)

Vanilla Baked Cheesecake approx. \$13.50 for 12 servings (\$1.13 per serving)

### **Biscuits and Other Sweets**

**Chocolate Chip Cookies** approx. \$4 for a batch of 16 cookies (25c per cookie)

**Anzac Biscuits** approx. \$3 for a batch of 12 biscuits (25c per biscuits)

**Chocolate Caramel Slice approx.** \$6.50 for a batch of 15 slices (43c per slice)

**Brownies** approx. \$5.50 for a batch of 18 brownies (30c per serve)

**Honey Joys** or **Chocolate Crackles** approx. \$1 for 12 (8c per serve)

**Scones with Jam and Whipped Cream** approx. \$5 for a batch of 16 scones (30c per scone)

# Savoury for High Tea 🍧

### **Purchasable**

Sausage rolls and party pies 30 pack: \$9.80 (33c per item)

Triangles (spinach and ricotta) 12 pack: \$2.50 (21c per item)

Mini quiches: 12 pack, \$8.00 (66c per item)

#### **Tea Sandwich**

Loaf of white bread \$2 (serves approximately 11 people: 2 slices/4 sandwich triangles each)

Iceberg lettuce \$4

1kg ham \$13.75

1kg tablespread \$1.60

1kg of Cheese \$10.60

Mustard Pickles spreadable 250g, \$1.75

### Miscellaneous

Suggestions for Ice Cream or Pancake stalls

### Ice Cream Stall

#### **Food**

Ice cream: \$4.90 for 4L (approx. 20, 3 scoop serves, 25c per serve)

Ice cream cones 12 pack: \$3.20 (26c per serve)

**Toppings** 

Strawberry: \$2.65 for 580mlChocolate: \$1.75 for 600mlCaramel: \$2.65 for 580ml

Sprinkles: \$2 for 190g Cherries: \$3.15 for 680g Oreos: \$3.50 for 370g Nuts: \$1.10 for 150g

### Making a Milkshake

80 ml (1/3) cup milk: 15c 3 Scoops Ice Cream: 25c

Flavour (Chocolate? Fruit? Nuts? Get creative and create something delicious!): approx. 30c

Approximate Total: 70c

### Making a Spider

1 Scoop of Ice cream: 8c

Soft drink: 80c

Approximate Total: 88c

### Pancake Stall

**Pancakes:** \$1 for 300g of mix (approx. 9 pancakes, 11c per pancake) or consider <u>making your</u>

<u>own</u>

### **Toppings**

Ice cream: \$4.90 for 4L (approx. 60g per scoop)

Maple syrup: \$2.20 for 375g

Golden Syrup: \$2.20 for 400g (\$0.55/100g) Lemon: \$1.65 for 500ml (\$0.33/100ml)

Sugar: \$1.80 for 2kg

Nutella: \$6 for 750g (\$0.80/100g) Banana: \$5 for 1kg (approx. 90c each) Mixed frozen berries: \$4 for 500g

Icing sugar: \$2.70 for 1kg

Jam: \$1.30 for 500g Cream: \$4 for 250g Honey: \$6.50 for 500g

Peanut butter: \$1.80 for 375g Strawberry Syrup: \$2.65 for 580ml Chocolate Syrup: \$1.75 for 600ml Caramel Syrup: \$2.65 for 580ml

## Beverages

Used across many events as relevant

### Basic

### **Cold Drinks**

Sunkist, pepsi, mountain dew, schweppes raspberry, solo etc. x10pk, 375ml: ranging from \$7.15 (on special) to \$13.00.

Coca cola x24pk, 375ml: \$18.50.

Juice Box (good options for kids) x6 at 200ml, between \$2.65 - \$5.30.

Juice: \$2/2L (coles) Water: \$9/24pk

#### **Hot Drinks**

Tea:(50 tea bags) \$2 (4c per bag) Coffee: Instant coffee (200g) \$3.70 Milk: (3L) \$3.59 (\$1.20 per L)

Chocolate powder (for hot chocolate): \$3.80/250g (cadbury drinking chocolate)

Sugar: \$1.10/1kg (raw sugar)

### Barista

Depending on the style of event you are trying to run and its location there may be the option to provide more premium beverages with the help of a barista set up. While you could hire a van or something similar, this is quite expensive, so it's more likely to be an option if your church has the facilities available for you.

### **High Tea Suggestions**

### **Caffeinated**

Earl Grey, English Breakfast

### **Non Caffeinated**

Chamomile, Peppermint, Lemon & Ginger, Chai, Rooibos







